



MSHA Updates
MSHA SE District Office



Fall Protection & Demo
Jerry Lawton, Web Devices



Confine Space
Tim Kressly, G&R

SE Mine Safety Pre-Conference - Agenda

Tuesday - 10/30/2018 8:00am - 3:30pm

Contractors & Maintenance

- 8:00am-8:10am** Welcome, Introductions, Review Agenda; Danny Callies G&R
- 8:10am-8:20am** CEU's for Attendees; Allyn Holladay, Deep South Center-UAB
- 8:20am-9:20am** MSHA Updates & Review Fatal/Near Misses, MSHA SE Office
- 9:20am-9:35am** Break; Q&A, Networking
- 9:35am-11:00am** Fall Protection plus demo; Jerry Lawton, Web Devices-USA
- 11:00am-12:00pm** Confine Space; Tim Kressly, G&R Mineral Services
- 12:00pm-12:45pm** Lunch; Q&A, Networking
- 12:45pm-2:00 pm** Wellness in the Workplace; Unify Health Services; Kelly Ingram-Mitchell, Bri Harris.
- 2:00pm-2:15pm** Break; Q&A, Networking
- 2:15pm-3:15pm** Crane & Rigging Safety; Danny Callies, G&R Mineral Services
- 3:15pm-3:30pm** Q&A, Closing Remarks



Crane & Rigging Safety
Danny Callies, G&R



Workplace Wellness
Kelly Ingram-Mitchell & Bri Harris, Unify Health



Speakers for 2018 SE Mine Safety & Health Pre-Conference



***Kelly Ingram-Mitchell, MPT, CEAS, CWcHP, APTA
President***

Kelly Ingram Mitchell holds a graduate degree in physical therapy and an undergraduate degree in exercise and sports medicine. Her experience exceeds 20 years in prevention services and injury management. Ingram-Mitchell previously served as executive director of a national therapy provider network and director of operations for more than 20 outpatient therapy centers.

She spent many years developing and implementing client-specific prevention and rehab programs, including post-offer testing, physical demand analysis, ergonomics, early intervention and on-site therapy models. Working overseas enabled Ingram-Mitchell to gain a significant understanding of the national needs related to the industry, as well as the similarities and differences that existed around the world. She developed a FCE Certification Program in 2000, and was a professional trainer for many years. In 2015, Ingram-Mitchell co-partnered with ISPA for a new, comprehensive protocol to include disability and compensation. The anticipated program launch is end-of-year. Her focus is on research and education, allowing marketplace leverage to best impact client results. In 2016 a Worker's Compensation & Disability University is scheduled to launch. The passion Ingram-Mitchell has for clinical education and outcomes influenced her leaving the corporate world to begin this business venture. She recognizes the need for heightened education that will provide our profession with the tools

necessary to service both pre- and post-injury claims. Ingram-Mitchell's goal is to operate an organized, top tier group of experts and professional partners who will utilize the tools provided to best service Unify's current and future clients. She is a member of JSEB, RIMS, Women in Small Business Organization, Women in Trucking, and American Trucking Association.



***Bri Harris
Director of Business Development***

Bri Harris serves as Unify Health Services' Director of Business Development, managing the company's local business expansion, strategic marketing initiatives and pipeline of opportunities. She drives the business' new social media directives, corporate communications and online media management. Bri has over 15 years' experience in the health care industry with a focus on physical rehabilitation and family medicine as a non-clinical health care professional.

Prior to joining UHS in 2015, she was the Business Development Director of a Family Medicine and Physical Rehabilitation practice and has an exemplary track record for delivering revenue growth, cultivating new partnerships through communication of the company's mission, core values and services and ensuring high levels of customer satisfaction. She holds a Bachelor of Science degree in Public Relations from the University of North Florida.

MINERAL SERVICES, INC.



Danny Callies, Corporate Safety Director

Bio: 2018 marks my 43th year in Crane & Rigging Safety. Corporate Safety Director for G&R Mineral Services, Inc., since 2004. I have had the honor to speak at safety conferences; IEEE, Washington D.C., SE Mine Safety & Health, Birmingham, AL; Florida Mining Conference, Orlando, FL; Central Alabama Construction Conf., Montgomery, AL; Alabama Mining Institute, Tuscaloosa, AL, Crane Safety Expo at Miller Park, Milwaukee, WI.. Crane & Rigging Safety Instructor for OSHA Institute @ GA Tech; School of Building Science @ Auburn University and Duke Energy Crane & Rigging Seminar in Charlotte, NC.

Professional Associations and Awards:

- ***2016-2017 Safety Professional of the Year, Region IV of ASSE***
- ***2016 Lifetime Achievement Award in Occupation & Health Safety, Alabama Governor's Safety & Health Conference***
- ***2012-2013 Safety Professional of the Year, Alabama Chapter of ASSE***
- ***Vice President, ASSE - Alabama Chapter***
- ***Past President, Joseph A. Holmes Assoc., Central Alabama Chapter***
- ***Member, SE Mine Safety & Health Conference, Executive Committee***
- ***Member, AL Governor's Safety & Health Conference Planning Committee***
- ***Member, ABC Safety Executive Committee, Birmingham, AL***
- ***Member, Associated General Contractors***

GR MINERAL SERVICES, INC.



Tim Kressly, Director of Operations South Florida

Timothy Kressly – 1988 Bachelors in Physics with 30 years of heavy industrial experience. Experienced in entire cement plant operations - quarry, raw grinding, pyro processing, raw and finish grinding, bulk shipping and automated bagging / palletizing. Process optimization, quality control, maintenance, semi - annual outages and capital projects. Major Equipment supplier senior commissioning engineer. G & R Mineral Services Director of Operations South Florida specializing in Plant Breakdowns, Planned Outages, Routine Maintenance, and Major projects.

- ***Member of IEEE Cement Industrial Committee,***
- ***USCG Captain***
- ***Certified MSHA Trainer***



Jerry Lawton

Jerry Lawton has over 25 years' experience working as an entrepreneur in the Construction and Safety Industries and is an Expert in the Fall Protection Field. Jerry has been a Qualified Fall Protection Instructor for the past 15 years. Jerry lives in Northeast Alabama and travels the USA focusing on Fall Protection trainings in both Authorized and Competent Person.

***“Employers must provide personnel with knowledge and training necessary to operate any active Fall Protection Systems used by the Authorized Person.”
ANSI Z359.2 (3.2.1.7)***

Authorized User Fall Protection Training complies with ANSI Z359.2 and OSHA 1926.503 Standards. The following topics are included in our training:

- ***Roles and Responsibilities of Authorized Users***
- ***The ABCs of Fall Protection***
- ***Anchor points***
- ***Body Harnesses***
- ***Connection Devices***
- ***Deceleration Devices***
- ***Proper Donning of the Full Body Harness***
- ***Fall Clearance Calculations***
- ***The Importance of Inspection***
- ***Harness Suspension Exercise***
- ***Rescue***